

# In-Home Services

## In-Home Services

Home care (sometimes known as “non-medical home care” or “private duty care”) is care generally delivered in the client’s home. It is delivered according to the client’s need and wants, and does not require a physician’s order. Home care is a service for the person who needs medical support and/or assistance with their activities of daily living; it is most often appropriate when a person requires care, and does not want to leave the comfort of her/his own home, and family or friends cannot easily or effectively provide it on their own.

Generations provides care through certified home health aides (“CHHAs), who are specially trained and certified by the New Jersey Board of Nursing. Care can be long-term, short-term, live-in, or even occasional. A plan of care is developed for each patient by a Generations registered nurse, who regulates the CHHA’s activities.

In some cases, home care is provided outside the home, such as a hospital, assisted living facility or even a nursing home, where more specific and personal attention may be needed or desirable.



## **Home Care Services**

### **Medication reminders**

Our CHHA can ensure the client takes her/his medication as prescribed.

### **Personal care**

The CHHA will help, as appropriate, with bathing, toileting and personal grooming.

### **Exercise regimens**

Ensuring a proper program of exercise can be a daily highlight for the client.

### **Light housekeeping**

While the CHHA is NOT a housekeeper she/he will do some light

housekeeping and laundering.

## **Basic errands**

By arrangement, the CHHA can run simple errands such as grocery shopping or accompanying the client to the bank or drug store, etc

## **Companionship**

Frequently this is the most critical function for the CHHA, from chatting to playing board games to specially designed mental acuity and memory exercises. It entails being someone reliable, patient, supportive and caring, someone who can fill-in for the family or primary caregiver.

## **Meal preparation**

While the CHHA is not primarily a chef she/he will do some light meal preparation; ensuring proper nutrition can be very important to clients.

## **Get Help with Info & Pricing**

Let's Get Started

[Start Here](#)